

Product	Centrum	Multi One	VM-75	Just One	One Daily	Ultra Mega Gold	Life Force Multiple	My Favorite Multiple
Manufacturer	Sundown	BlueBonnet	Solgar	Rainbow Light	Mega Food	GNC	Source Natural	Natrol
Vitamin A beta carotene beta carotene, acetate retinyl palmitate	5,000 iu							
Vitamin B1, thiamine	1.5 mg							
Vitamin B2, riboflavin	1.7 mg							
Vitamin B3 niacinamide niacin	20 mg							
Vitamin B5 pantothenic acid calcium pantothenate	10 mg							
Vitamin B6, pyridoxine	2 mg							
Vitamin B12 cyanocobalamin	6 mcg							
Vitamin C AA, ascorbyl palmitate AA, Mg ascorbate ascorbic acid (AA) calcium ascorbate	60 mg							
Vitamin D	400 iu							
Vitamin E d-alpha tocopherol succinate dl-alpha tocopherol	30 iu							
Vitamin K	25 mcg							

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Molybdenum amino acid chelate aspartate molybdic acid sodium molybdate yeast	75 mcg							
Manganese amino acid chelate citrate gluconate glycinate histidinate sulfate	2 mg							
Potassium chloride, Krebs complex chloride amino acid chelate citrate citrate, chloride aspartate	80 mg							
Selenium selenomethionine yeast	20 mcg							
Vanadium vanadyl sulfate sodium metavanadate	10 mcg							

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Bioflavenoids	250 mcg							
alpha carotene								
carotene complex								
carotenoids								
citrus								
cryptoxanthin								
hesperidin								
lemon								
lutein								
lycopene								
quercetin								
rutin								
zeaxanthin								
Lipoic acid								
MSM								
Coenzyme Q10								
DMAE								
Trimethylglycine								
Enzymes	none							
amylase								
lipase								
protease								
cellulase								
Daily dose	1							
Price	\$7.99							
Quantity	130							
Price for one month	\$1.85							