

Employment

Naturopathic Medical Doctor NaturDoctor.com, Phone consultations are my specialty.	1999 – present
Medical Advisor Lifexpand.com, Boca Raton, Florida	2005 - present
Senior Course Editor Continuing Education Universe of Health Sciences, Miami, Florida	2004 - 2005
Researcher and Writer Life Extension Foundation, Hollywood, Florida	2003 - 2004

Skills

Natural Health Research and Writing

- Writing articles summarizing the research supporting the use of dietary supplements for chronic disease. The articles were used on web sites, web stores, and email newsletters. The target audience includes alternative medical doctors and educated consumers.
- Writing research summaries on dietary supplement formulas for foreign sales.
- Writing and editing continuing education courses for health professionals. Submitting course proposals for approval by national and state boards (MD, DC, RN, LAc, and LMT). Editing courses to meet established guidelines. Formatting references. Contacting authors to revise course content.
- Reviewing web site content for compliance with FDA and DSHEA guidelines.

Computer Programming

- Creating tools for alternative medical doctors, including lab test analysis, drug-vitamin-herb interactions, drug side effects, research summaries and online quizzes.
- Programming databases to keep track of daily tasks for increased efficiency.
- Creating software programs for web sides, Macintosh and PC.

Software

- Web Site: Adobe GoLive, Javascript, FTP, Advanced Web Ranking
- Audio-Video: Macromedia Flash, QuickTime, RealPlayer, PhotoShop
- Word Processing: Microsoft Word, PowerPoint, PageMaker, Quark
- Desktop Publishing: Adobe FrameMaker, Adobe Acrobat PDF
- Database: FileMaker Pro

Membership

Member of the American Association of Naturopathic Physicians (AANP)
Licensed as a Naturopathic Physician by the State of Vermont (License #099-0000196).

Education

Doctor of Naturopathic Medicine Southwest College of Naturopathic Medicine, Tempe, Arizona	1999
Doctorate in Electrical Engineering , University of Massachusetts at Lowell Outstanding Graduate Student of the Year	1994
Bachelors of Science in Electrical Engineering , University of Massachusetts at Lowell Graduate with Honors	1986
Associates in Engineering Science , Northern Essex Community College, Haverhill, MA Graduate with Honors, Award for Excellence in Mathematics	1983

Publications

Research Articles

- “Beta Glucans for Cardiovascular Support”, *Naturopathy Digest*, February 2007.
- “Tongkat Ali”, *Naturopathic Doctor News and Review*, August 2006.
- “Minerals and Marathons”, *Vermont Sports*, May 9, 2006.
- “Agaricus blazei, The Sun Mushroom”, *Naturopathic Doctor News and Review*, March 2006.
- “Chronic Fatigue Syndrome”, “Amyotrophic Lateral Sclerosis (Lou Gerhig’s Disease)”, “Alzheimers Disease”, “Age Associated Mental Decline”, and “Thrombosis Prevention”, *Disease Prevention and Treatment*, Life Extension Foundation, 2004.
- “Nutritional Support for Chronic Leukemia: A Review of the Scientific Studies”, *Alternative Medicine Review*, Vol. 7 No. 5, 404-409, October 2002.
- “Safety and Toxicity of Niacin for Lowering Cholesterol”, in review.
- “Two New Botanical Drugs: Omacor (EFAs) and Veregen (Green Tea)”, in review.
- “Nutritional Support for Shingles”, in process.
- “Tocotrienols – The Missing Vitamin E”, in process.

Online Continuing Education Courses

- Drug-Vitamin-Herb Interactions
- An Introduction to Naturopathy and Naturopathic Medicine
- Nutritional Support for Alzheimers Disease
- Nutritional Support for Chronic Fatigue Syndrome
- Nutritional Support for Cognitive Enhancement and Mental Decline
- Nutritional Support for Amyotrophic Lateral Sclerosis (ALS)
- Nutritional Support for Obesity and Weight Loss
- An Introduction to Salivary Hormone Testing
- A Brief Review of Ethics and Professionalism for Health Care Practitioners
- HIV and AIDS Update

Books

- *The Naturopathic Treatment Notebook*
- *Finding the Cause of Disease with Specialty Alternative Medical Lab Tests*