

Employment

Private practice, Naples, FL 1999 – present

Naturopathic Physician, Health Consultant

- Create tools for holistic medical doctors, including lab test analysis, drug-vitamin-herb interactions, drug side effects, and online quizzes.
- Write books using FrameMaker or InDesign, convert to Acrobat (PDF)
- Write web sites using Adobe GoLive, Javascript and HTML
- Program databases with FileMakerPro and web site with Lasso

OnlineContinuingEd.com, Rocky Hill, CT 2006 - present

Course Author

- Write continuing education courses for health professionals
- Course formats are Microsoft Word and PowerPoint

Lifexpand.com, Boca Raton, FL 2005 – 2008

Medical Advisor

- Write articles summarizing research on dietary supplements for chronic diseases
- Keep up to date with published research on dietary supplement ingredients
- Review web site content for compliance with FDA / DSHEA guidelines

Continuing Education Universe of Health Sciences, Miami, FL 2004 – 2005

Senior Course Editor

- Edit continuing education courses for health professionals.
- Format references to AMA style and convert courses into HTML
- Contact authors to revise course content to meet established guidelines
- Submit course proposals to national boards (MD, DC, RN, LAc, and LMT).
- Read and respond to customer feedback (usually spelling and grammar mistakes)
- Program databases to keep track of daily tasks for increased efficiency.

Life Extension Foundation, Hollywood, FL 2003 – 2004

Researcher and Writer

- Update articles summarizing research on dietary supplements for chronic diseases
- Use Microsoft Word with EndNote to search PubMed for references

Membership

Member of the American Association of Naturopathic Physicians (AANP)
Licensed as a Naturopathic Physician by the State of Vermont (License #099-0000196).

Education

Doctor of Naturopathic Medicine Southwest College of Naturopathic Medicine, Tempe, Arizona	1999
Doctorate in Electrical Engineering University of Massachusetts at Lowell, Outstanding Graduate Student of the Year	1994
Bachelors of Science in Electrical Engineering University of Massachusetts at Lowell, Graduate with Honors	1986
Associates in Engineering Science Northern Essex Community College, Haverhill, MA Graduate with Honors, Award for Excellence in Mathematics	1983

Publications

Research Articles

- “Fibromyalgia Research Update”, *Naturopathic Doctor News and Review*, December 2008.
- “Natural Therapies for Prostate Support (LUTS and BPH)”, *NDND*, Sept. 2008.
- “Premenstrual Dysphoric Disorder (PMDD)”, *Naturopathy Digest*, August 2008.
- “Safety and Toxicity of Niacin for Lowering Cholesterol”, *Naturopathy Digest*, July 2008.
- “Nutritional Support for Shingles”, June 2008.
- “Tocotrienols – The Missing Vitamin E”, May 2008.
- “Dietary Supplement Update”, *Naturopathy Digest*, April 2008.
- “Two New Botanical Drugs: Omacor (EFAs) and Veregen (Green Tea)”, *Naturopathy Digest*, September 2007.
- “Beta Glucans for Cardiovascular Support”, *Naturopathy Digest*, February 2007.
- “Tongkat Ali”, *Naturopathic Doctor News and Review*, August 2006.
- “Minerals and Marathons”, *Vermont Sports*, May 9, 2006.
- “Agaricus blazei, The Sun Mushroom”, *Naturopathic Doctor News and Review*, March 2006.
- “Amyotrophic Lateral Sclerosis (Lou Gerhig’s Disease)”, “Pancreatic Cancer”, “Thrombosis Prevention”, *Disease Prevention and Treatment*, Life Extension Foundation, 2004.
- “Nutritional Support for Chronic Leukemia: A Review of the Scientific Studies”, *Alternative Medicine Review*, Vol. 7 No. 5, 404-409, October 2002.

Continuing Education Courses

- Pain (back pain, fibromyalgia, inflammation and peripheral neuropathy)
- Women’s Health (PMS, PMDD, PCOS and Menopause)
- Drug-Vitamin-Herb Interactions
- An Introduction to Naturopathy and Naturopathic Medicine
- Nutritional Support for Alzheimers Disease
- Nutritional Support for Chronic Fatigue Syndrome
- Nutritional Support for Obesity and Weight Loss
- An Introduction to Salivary Hormone Testing
- A Brief Review of Ethics and Professionalism for Health Care Practitioners
- HIV and AIDS Update